



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Schneider, Detlef

Club: LG Friedrichroda
Number: 645

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:46:40

Speed: 11.81 km/h
Running performance: 5:04 min/km

Rank in course/Total: 42 (of 112)

Rank in course/Men: 41 (of 97)

Best time in course: 1:22:06

Rank in category: 5(of 21)

Best time in the category: 1:32:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Pleß	12.10	1:07:11	5:33	5	9:04	39	16:09	12.10	1:07:11	5:33	18			81	
Friedenskampfbä	9.00	39:29	4:23	7	5:32	46	8:48	21.10	1:46:40	5:03	5	14:36	41	24:34	