



5. Breitunger Pleßlauf

Breitungen / 24.08.2008

Detailed evaluation

Kramer, Michael

Club: SV Lauftreff Breitungen e. V.

Number: 634

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:46:51

Speed: 11.85 km/h

Running performance: 5:04 min/km

Rank in course/Total: 44 (of 112)

Rank in course/Men: 43 (of 97)

Best time in course: 1:22:06

Rank in category: 11(of 18)

Best time in the category: 1:25:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	1:06:38	5:30	9	13:06	34	15:36	12.10	1:06:38	5:30	10	13:06	79	
Friedenskampfbz	9.00	40:13	4:28	13	8:39	58	9:32	21.10	1:46:51	5:03	11	21:45	43	24:45