



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Mittelsdorf, Mark

Club: Infanterieschule Hammelburg
Number: 617

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:47:26

Speed: 11.78 km/h
Running performance: 5:05 min/km

Rank in course/Total: 46 (of 112)

Rank in course/Men: 45 (of 97)

Best time in course: 1:22:06

Rank in category: 12(of 18)

Best time in the category: 1:25:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:08:37	5:40	13	15:05	49	17:35	12.10	1:08:37	5:40	11	15:05	77	
Friedenskampfbä	9.00	38:49	4:18	10	7:15	42	8:08	21.10	1:47:26	5:05	12	22:20	45	25:20