



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Gensler, Jan

Club: TSV Mellrichstadt
Number: 706

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:47:34

Speed: 11.77 km/h
Running performance: 5:06 min/km

Rank in course/Total: 47 (of 112)

Rank in course/Men: 46 (of 97)

Best time in course: 1:22:06

Rank in category: 13(of 18)

Best time in the category: 1:25:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:08:14	5:38	11	14:42	46	17:12	12.10	1:08:14	5:38	12	14:42	76	
Friedenskampfbä	9.00	39:20	4:22	11	7:46	45	8:39	21.10	1:47:34	5:05	13	22:28	46	25:28