



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Blamberg, Nils

Club: Ausdauerarena Immelborn
Number: 670

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:49:11

Speed: 11.54 km/h
Running performance: 5:10 min/km

Rank in course/Total: 52 (of 112)

Rank in course/Men: 51 (of 97)

Best time in course: 1:22:06

Rank in category: 6(of 7)

Best time in the category: 1:22:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Pleß	12.10	1:09:09	5:42	6	18:07	51	18:07	12.10	1:09:09	5:42	6	18:07	23		
Friedenskampfbä	9.00	40:02	4:26	6	8:58	53	9:21	21.10	1:49:11	5:10	6	27:05	51	27:05	