



5. Breitunger Pleßlauf

Breitungen / 24.08.2008

Detailed evaluation

Koch, Marco

Club: Meininger Mountainbike Club e.V.

Number: 616

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:49:46

Speed: 11.48 km/h

Running performance: 5:12 min/km

Rank in course/Total: 54 (of 112)

Rank in course/Men: 53 (of 97)

Best time in course: 1:22:06

Rank in category: 15(of 18)

Best time in the category: 1:25:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:09:55	5:46	14	16:23	56	18:53	12.10	1:09:55	5:46	14	16:23	21	
Friedenskampfbä	9.00	39:51	4:25	12	8:17	49	9:10	21.10	1:49:46	5:12	15	24:40	53	27:40