



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Hartmann, Lutz

Club: Weilar  
Number: 622

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:50:25

Speed: 11.41 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 57 (of 112)

Rank in course/Men: 55 (of 97)

Best time in course: 1:22:06

Rank in category: 8(of 21)

Best time in the category: 1:32:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Pleß	12.10	1:10:07	5:47	9	12:00	57	19:05	12.10	1:10:07	5:47	15			19	
Friedenskampfbä	9.00	40:18	4:28	10	6:21	59	9:37	21.10	1:50:25	5:13	8	18:21	55	28:19	