



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Korell, Friedhelm

Club: TSV Ostheim v. d. Rhön
Number: 671

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:50:42

Speed: 11.38 km/h
Running performance: 5:15 min/km

Rank in course/Total: 60 (of 112)

Rank in course/Men: 58 (of 97)

Best time in course: 1:22:06

Rank in category: 11(of 18)

Best time in the category: 1:25:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Pleß	12.10	1:06:45	5:30	8	12:07	35	15:43	12.10	1:06:45	5:30	9			16	
Friedenskampfbä	9.00	43:57	4:53	14	13:16	75	13:16	21.10	1:50:42	5:14	11	25:23		58	28:36