



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Schliefske, Waldemar

Club: Sv Mihla
Number: 713

Course: 21.10 km
Halbmarathon

Category:
Männer M60

Total time: 1:51:11

Speed: 11.39 km/h
Running performance: 5:16 min/km

Rank in course/Total: 65 (of 112)

Rank in course/Men: 62 (of 97)

Best time in course: 1:22:06

Rank in category: 3(of 5)

Best time in the category: 1:44:42

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Behind | Total | | Pos | Behind | Pos | | Behind |
|-----------------|-------|---------|------|--------|--------|------|--------|-------|---------|------|--------|------|------|--------|
| | km | Time | | | min/km | Cat. | | Men | Men | | | km | Time | |
| Pleß | 12.10 | 1:11:04 | 5:52 | 3 | 4:18 | 64 | 20:02 | 12.10 | 1:11:04 | 5:52 | 3 | 4:18 | 12 | 0:22 |
| Friedenskampfbä | 9.00 | 40:07 | 4:27 | 3 | 2:11 | 56 | 9:26 | 21.10 | 1:51:11 | 5:16 | 3 | 6:29 | 62 | 29:05 |