



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Keß, Siegfried

Club: TSV Rannungen
Number: 640

Course: 21.10 km
Halbmarathon

Category:
Männer M65

Total time: 1:51:32

Speed: 11.30 km/h
Running performance: 5:17 min/km

Rank in course/Total: 69 (of 112)

Rank in course/Men: 66 (of 97)

Best time in course: 1:22:06

Rank in category: 2(of 3)

Best time in the category: 1:42:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:11:48	5:56	2	5:51	68	20:46	12.10	1:11:48	5:56	2	5:51	8	1:06
Friedenskampfbä	9.00	39:44	4:24	2	2:53	47	9:03	21.10	1:51:32	5:17	2	8:44	66	29:26