



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Lischka, Karl

Club: MT Melsungen  
Number: 677

Course: 21.10 km  
Halbmarathon

Category:  
Männer M55

Total time: 1:51:48

Speed: 11.27 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 71 (of 112)

Rank in course/Men: 68 (of 97)

Best time in course: 1:22:06

Rank in category: 8(of 9)

Best time in the category: 1:24:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	1:13:12	6:02	9	20:17	76	22:10	12.10	1:13:12	6:02	8	20:17	6	2:30
Friedenskampfbä	9.00	38:36	4:17	6	7:27	38	7:55	21.10	1:51:48	5:17	8	27:44	68	29:42