



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Reinhardt, Steffen

Club: Rhöner WSV
Number: 687

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:55:18

Speed: 10.98 km/h
Running performance: 5:28 min/km

Rank in course/Total: 79 (of 112)

Rank in course/Men: 74 (of 97)

Best time in course: 1:22:06

Rank in category: 14(of 18)

Best time in the category: 1:25:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:13:09	6:02	14	18:31	75	22:07	12.10	1:13:09	6:02	6	3:58	48	2:27
Friedenskampfbä	9.00	42:09	4:41	12	11:28	70	11:28	21.10	1:55:18	5:27	14	29:59	74	33:12