



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Ernst, Hartmut

Club: Diedorf  
Number: 672

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:56:35

Speed: 10.86 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 83 (of 112)

Rank in course/Men: 78 (of 97)

Best time in course: 1:22:06

Rank in category: 17(of 21)

Best time in the category: 1:32:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:13:47	6:05	17	15:40	79	22:45	12.10	1:13:47	6:05	6	3:05	44	3:05
Friedenskampfbä	9.00	42:48	4:45	14	8:51	73	12:07	21.10	1:56:35	5:31	17	24:31	78	34:29