



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Schneider, Roland

Club: Mehmels  
Number: 685

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:56:40

Speed: 10.80 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 84 (of 112)

Rank in course/Men: 79 (of 97)

Best time in course: 1:22:06

Rank in category: 18(of 21)

Best time in the category: 1:32:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	1:12:28	5:59	15	14:21	71	21:26	12.10	1:12:28	5:59	5	1:46	43	1:46
Friedenskampfbä	9.00	44:12	4:54	17	10:15	80	13:31	21.10	1:56:40	5:31	18	24:36	79	34:34