



5. Breitunger Pleßlauf

Breitungen / 24.08.2008

Detailed evaluation

Sauer, Antje

Club: Laufteam Herzog-Georg-Apotheke

Number: 631

Course: 21.10 km

Halbmarathon

Category:

Frauen W40

Total time: 1:56:45

Speed: 10.84 km/h

Running performance: 5:32 min/km

Rank in course/Total: 85 (of 112)

Rank in course/Women: 6 (of 15)

Best time in course: 1:43:45

Rank in category: 3(of 6)

Best time in the category: 1:43:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Total	
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Pleß	12.10	1:14:11	6:07	3	7:28	6	7:28	12.10	1:14:11	6:07	3	7:28	6	7:28	
Friedenskampfbä	9.00	42:34	4:43	3	5:32	7	5:32	21.10	1:56:45	5:31	3	13:00	6	13:00	