



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Trautmann, Katrin

Club: TLC Mühlhausen
Number: 735

Course: 21.10 km
Halbmarathon

Category:
Frauen W40

Total time: 1:57:29

Speed: 10.72 km/h
Running performance: 5:34 min/km

Rank in course/Total: 86 (of 112)

Rank in course/Women: 7 (of 15)

Best time in course: 1:43:45

Rank in category: 4(of 6)

Best time in the category: 1:43:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	12.10	1:15:00	6:11	4	8:17	7	8:17	12.10	1:15:00	6:11	4	8:17	7	8:17
Friedenskampfbä	9.00	42:29	4:43	2	5:27	6	5:27	21.10	1:57:29	5:34	4	13:44	7	13:44