



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

**Trautmann, Katrin**

Club: TLC Mühlhausen  
Number: 735

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W40

Total time: 1:57:29

Speed: 10.78 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 86 (of 112)

Rank in course/Women: 7 (of 15)

Best time in course: 1:43:45

Rank in category: 4(of 6)

Best time in the category: 1:43:45

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Pleß            | 12.10       | 1:15:00       | 6:11            | 4           | 8:17           | 7            | 8:17            | 12.10         | 1:15:00       | 6:11            | 4           | 8:17           | 7            | 8:17            |
| Friedenskampfbä | 9.00        | 42:29         | 4:43            | 2           | 5:27           | 6            | 5:27            | 21.10         | 1:57:29       | 5:34            | 4           | 13:44          | 7            | 13:44           |