



5. Breitunger Pleßlauf

Breitungen / 24.08.2008

Detailed evaluation

Römhild, Jürgen

Club: Bremen

Number: 636

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 2:05:16

Speed: 10.06 km/h

Running performance: 5:56 min/km

Rank in course/Total: 99 (of 112)

Rank in course/Men: 90 (of 97)

Best time in course: 1:22:06

Rank in category: 19(of 21)

Best time in the category: 1:32:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	1:17:14	6:22	19	19:07	84	26:12	12.10	1:17:14	6:22	4	6:32	33	6:32
Friedenskampfbä	9.00	48:02	5:20	20	14:05	88	17:21	21.10	2:05:16	5:56	19	33:12	90	43:10