



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Poller, Evelyn

Club: Paar-Runners Kaltenborn
Number: 632

Course: 21.10 km
Halbmarathon

Category:
Frauen W40

Total time: 2:12:16

Speed: 9.53 km/h
Running performance: 6:16 min/km

Rank in course/Total: 104 (of 112)

Rank in course/Women: 12 (of 15)

Best time in course: 1:43:45

Rank in category: 5(of 6)

Best time in the category: 1:43:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	12.10	1:23:09	6:52	6	16:26	14	16:26	12.10	1:23:09	6:52	5	16:26	12	16:26
Friedenskampfbä	9.00	49:07	5:27	5	12:05	12	12:05	21.10	2:12:16	6:16	5	28:31	12	28:31