



5. Breitunger Pleßlauf

Breitungen / 24.08.2008

Detailed evaluation

Poller, Peter

Club: Paar-Runners Kaltenborn

Number: 618

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:12:16

Speed: 9.53 km/h

Running performance: 6:16 min/km

Rank in course/Total: 105 (of 112)

Rank in course/Men: 93 (of 97)

Best time in course: 1:22:06

Rank in category: 17(of 18)

Best time in the category: 1:25:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:22:18	6:48	17	27:40	90	31:16	12.10	1:22:18	6:48	3	13:07	30	11:36
Friedenskampfbä	9.00	49:58	5:33	17	19:17	91	19:17	21.10	2:12:16	6:16	17	46:57	93	50:10