



5. Breitunger Pleßlauf

Breitungen / 24.08.2008

Detailed evaluation

Sußdorf, Jürgen

Club: GMRLV

Number: 628

Course: 21.10 km

Halbmarathon

Category:

Männer M60

Total time: 2:16:57

Speed: 9.24 km/h

Running performance: 6:29 min/km

Rank in course/Total: 109 (of 112)

Rank in course/Men: 95 (of 97)

Best time in course: 1:22:06

Rank in category: 5(of 5)

Best time in the category: 1:44:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	1:26:30	7:08	5	19:44	94	35:28	12.10	1:26:30	7:08	5	19:44	28	15:48
Friedenskampfbä	9.00	50:27	5:36	5	12:31	92	19:46	21.10	2:16:57	6:29	5	32:15	95	54:51