



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Malsch, Antje

Club: WSV 07 Steinbach
Number: 684

Course: 21.10 km
Halbmarathon

Category:
Frauen W45

Total time: 2:19:23

Speed: 9.08 km/h
Running performance: 6:37 min/km

Rank in course/Total: 111 (of 112)

Rank in course/Women: 15 (of 15)

Best time in course: 1:43:45

Rank in category: 2 (of 2)

Best time in the category: 2:13:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	12.10	1:29:24	7:23	2	6:40	15	22:41	12.10	1:29:24	7:23	2	6:40	15	22:41
Friedenskampfbä	9.00	49:59	5:33	1	-	13	12:57	21.10	2:19:23	6:36	2	6:23	15	35:38