



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Koch, Jonas

Club: TSSC-ERFURT

Number: 31

Course: 5.00 km

5 km-Lauf

Category:

männliche Schüler C

Total time: 26:50

Speed: 11.18 km/h

Running performance: 5:22 min/km

Rank in course/Total: 15 (of 27)

Rank in course/Men: 12 (of 17)

Best time in course: 17:37

Rank in category: 3(of 4)

Best time in the category: 25:44