



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Geschwinde, Sylvia

Club: Erfurt  
Number: 26

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen W20

Total time: 31:13

Speed: 9.61 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 23 (of 27)  
Rank in course/Women: 8 (of 10)  
Best time in course: 23:46

Rank in category: 3(of 4)  
Best time in the category: 27:20