



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Herold, Nancy

Club: Bielefeld

Number: 5

Course: 5.00 km

5 km-Lauf

Category:

Frauen W20

Total time: 37:04

Speed: 8.09 km/h

Running performance: 7:25 min/km

Rank in course/Total: 27 (of 27)

Rank in course/Women: 10 (of 10)

Best time in course: 23:46

Rank in category: 4(of 4)

Best time in the category: 27:20