



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt  
Number: 104

Course: 10.50 km  
10.5 km-Lauf

Category:  
Männer M40

Total time: 46:30

Speed: 13.55 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 18 (of 95)

Rank in course/Men: 15 (of 64)

Best time in course: 37:52

Rank in category: 3(of 8)

Best time in the category: 37:52