



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen  
Number: 143

Course: 10.50 km  
10.5 km-Lauf

Category:  
Männer M40

Total time: 46:46

Speed: 12.83 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 19 (of 95)

Rank in course/Men: 16 (of 64)

Best time in course: 37:52

Rank in category: 4(of 8)

Best time in the category: 37:52