



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Gräf, Thomas

Club: Kaltensundheim
Number: 226

Course: 10.50 km
10.5 km-Lauf

Category:
Männer M45

Total time: 47:33

Speed: 12.62 km/h
Running performance: 4:32 min/km

Rank in course/Total: 22 (of 95)

Rank in course/Men: 19 (of 64)

Best time in course: 37:52

Rank in category: 2(of 10)

Best time in the category: 44:18