



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Thoma, Manfred

Club: LG Rippershausen

Number: 111

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M50

Total time: 47:57

Speed: 13.14 km/h

Running performance: 4:34 min/km

Rank in course/Total: 26 (of 95)

Rank in course/Men: 23 (of 64)

Best time in course: 37:52

Rank in category: 3(of 5)

Best time in the category: 43:47