



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

Abraham, Daniel

Club: Luisenthal  
Number: 208

Course: 10.50 km  
10.5 km-Lauf

Category:  
Männer M30

Total time: 48:07

Speed: 12.47 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 27 (of 95)

Rank in course/Men: 24 (of 64)

Best time in course: 37:52

Rank in category: 4(of 7)

Best time in the category: 42:05