



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Aderhold, Lisa-Marie

Club: GS Martini

Number: 343

Course: 1.70 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 8:34

Speed: 7.00 km/h

Running performance: 5:02 min/km

Rank in course/Total: 144 (of 296)

Rank in course/Women: 48 (of 140)

Best time in course: 6:02

Rank in category: 16(of 82)

Best time in the category: 6:37