



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Herms, Jarno

Club: Mühlhausen  
Number: 535

Course: 1.70 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 8:35

Speed: 6.99 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 146 (of 296)

Rank in course/Men: 98 (of 156)

Best time in course: 5:40

Rank in category: 44(of 87)

Best time in the category: 6:32