



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Ernst, Frank

Club: Team Zahnschmiede  
Number: 1002

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 22:39

Speed: 13.25 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 61 (of 152)

Rank in course/Men: 52 (of 90)

Best time in course: 16:41

Rank in category: 33(of 62)

Best time in the category: 16:41