



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Sack, Roland

Club: Jema-Laufteam Mühlhausen
Number: 1085

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 23:33

Speed: 12.74 km/h
Running performance: 4:43 min/km

Rank in course/Total: 68 (of 152)

Rank in course/Men: 56 (of 90)

Best time in course: 16:41

Rank in category: 36(of 62)

Best time in the category: 16:41