



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Arndt, Steffen**

Club: Sv fortuna mühlhausen  
Number: 1124

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 23:56

Speed: 12.53 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 70 (of 152)

Rank in course/Men: 57 (of 90)

Best time in course: 16:41

Rank in category: 37(of 62)

Best time in the category: 16:41