



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Kärgel, Lars**

Club: Bremen  
Number: 1056

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 24:41

Speed: 12.15 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 75 (of 152)

Rank in course/Men: 62 (of 90)

Best time in course: 16:41

Rank in category: 41(of 62)

Best time in the category: 16:41