



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Bode, Sebastian

Club: Bundeswehr Mhl
Number: 1013

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 24:45

Speed: 12.12 km/h

Running performance: 4:57 min/km

Rank in course/Total: 76 (of 152)

Rank in course/Men: 63 (of 90)

Best time in course: 16:41

Rank in category: 42(of 62)

Best time in the category: 16:41