



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Helbing, Brian

Club: Mühlhausen
Number: 1164

Course: 5.00 km
5 km-Lauf

Category:
Schüler

Total time: 24:48

Speed: 12.10 km/h
Running performance: 4:58 min/km

Rank in course/Total: 78 (of 152)

Rank in course/Men: 64 (of 90)

Best time in course: 16:41

Rank in category: 16(of 20)

Best time in the category: 18:07