



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Plomiwski, Maik

Club: Mühlhausen
Number: 1079

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 25:18

Speed: 11.86 km/h
Running performance: 5:04 min/km

Rank in course/Total: 84 (of 152)

Rank in course/Men: 68 (of 90)

Best time in course: 16:41

Rank in category: 45(of 62)

Best time in the category: 16:41