



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Carius, Colette

Club: SSV07 Schlotheim  
Number: 1020

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 25:47

Speed: 11.64 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 92 (of 152)

Rank in course/Women: 19 (of 62)

Best time in course: 20:32

Rank in category: 7(of 40)

Best time in the category: 22:01