



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Koch, Lena

Club: VfB Mühlhausen  
Number: 1168

Course: 5.00 km  
5 km-Lauf

Category:  
Schülerinnen

Total time: 27:02

Speed: 11.10 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 109 (of 152)

Rank in course/Women: 30 (of 62)

Best time in course: 20:32

Rank in category: 12(of 15)

Best time in the category: 20:51