



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Meyer, Silja**

Club: Mülana Mühlhausen  
Number: 1071

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 27:08

Speed: 11.06 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 111 (of 152)

Rank in course/Women: 31 (of 62)

Best time in course: 20:32

Rank in category: 16(of 40)

Best time in the category: 22:01