



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Schneller, Silke**

Club: Mühlhäuser Turnverein  
Number: 1090

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 30:15

Speed: 9.92 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 130 (of 152)

Rank in course/Women: 46 (of 62)

Best time in course: 20:32

Rank in category: 28(of 40)

Best time in the category: 22:01