



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Seeboth, Maik**

Club: Recyclingteam MRG / Seeboth  
Number: 1098

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 30:54

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 135 (of 152)

Rank in course/Men: 85 (of 90)

Best time in course: 16:41

Rank in category: 57(of 62)

Best time in the category: 16:41