



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Frohn, Steffi

Club: Sparkasse UH
Number: 1032

Course: 5.00 km
5 km-Lauf

Category:
Frauen

Total time: 31:27

Speed: 9.54 km/h
Running performance: 6:17 min/km

Rank in course/Total: 137 (of 152)

Rank in course/Women: 51 (of 62)

Best time in course: 20:32

Rank in category: 32(of 40)

Best time in the category: 22:01