



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Freytag, Nicole

Club: Berlin
Number: 1165

Course: 5.00 km
5 km-Lauf

Category:
Frauen

Total time: 33:49

Speed: 8.87 km/h
Running performance: 6:46 min/km

Rank in course/Total: 142 (of 152)

Rank in course/Women: 54 (of 62)

Best time in course: 20:32

Rank in category: 35(of 40)

Best time in the category: 22:01