



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Adamaschek, Hans Joerg

Club: Mühlhausen

Number: 1136

Course: 5.00 km

5 km-Lauf

Category:

Männer

Total time: 34:16

Speed: 8.75 km/h

Running performance: 6:51 min/km

Rank in course/Total: 144 (of 152)

Rank in course/Men: 89 (of 90)

Best time in course: 16:41

Rank in category: 61(of 62)

Best time in the category: 16:41