



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Heinemann, Alexandra

Club: Mühlhausen

Number: 1138

Course: 5.00 km

5 km-Lauf

Category:

Schülerinnen

Total time: 34:57

Speed: 8.58 km/h

Running performance: 6:59 min/km

Rank in course/Total: 150 (of 152)

Rank in course/Women: 60 (of 62)

Best time in course: 20:32

Rank in category: 15(of 15)

Best time in the category: 20:51