



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Hentschel, Sylvia

Club: Ammern

Number: 1046

Course: 5.00 km

5 km-Lauf

Category:

Frauen

Total time: 48:52

Speed: 6.14 km/h

Running performance: 9:46 min/km

Rank in course/Total: 152 (of 152)

Rank in course/Women: 62 (of 62)

Best time in course: 20:32

Rank in category: 40(of 40)

Best time in the category: 22:01