



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Sänger, Matthais

Club: RSL Waltershausen  
Number: 1948

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 37:59

Speed: 15.80 km/h  
Running performance: 3:48 min/km

Rank in course/Total: 9 (of 202)

Rank in course/Men: 9 (of 161)

Best time in course: 31:09

Rank in category: 2(of 24)

Best time in the category: 36:06