



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Urbach, René

Club: Ammern

Number: 1772

Course: 10.00 km

Hauptlauf

Category:

Männer M30

Total time: 39:29

Speed: 15.20 km/h

Running performance: 3:57 min/km

Rank in course/Total: 20 (of 202)

Rank in course/Men: 19 (of 161)

Best time in course: 31:09

Rank in category: 3(of 22)

Best time in the category: 38:38